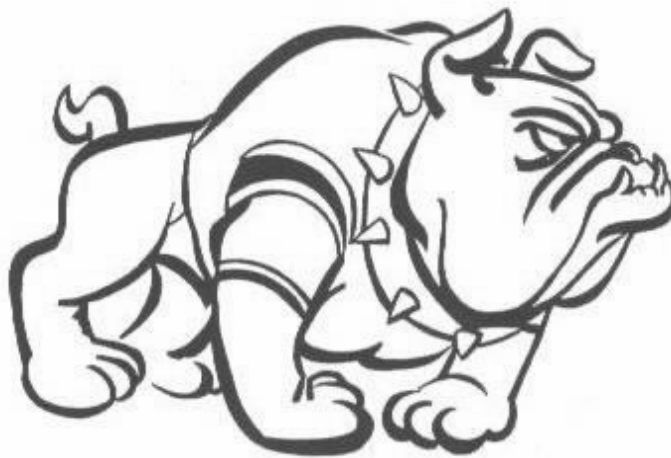


HEATH CITY SCHOOLS



BULLDOG PRIDE

Parent-Athlete Athletic Policy Handbook

2009-2010

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PHILOSOPHY

The Heath Athletic Department believes that participation in athletics provides positive experiences in the areas of educational, social, and physical growth. Interscholastic competition provides a vehicle for such growth. We believe that values to our student athletes are genuine. Development of good health habits, fair play, sportsmanship, initiative, dedication, teamwork, self-discipline, and the ability to win and lose gracefully are only some of the potential benefits of involvement in our athletic programs. The student-athlete in turn, along with the coaching staff, provides the student body with loyalty, enthusiasm, pride and spirit for the school system. The athletic programs in the Heath City Schools exist for the benefit of the participants. The welfare of those participants is the primary concern.

Character

Character is the strongest, most important trait to mold in young people. Heath students are expected to exhibit integrity, honesty, dedication, and sportsmanship in all of their extra-curricular activities. The purpose of interscholastic athletics is to mold successful young people by creating high expectations and providing the opportunities necessary to help students set and meet their goals.

Scholarship

Success in the classroom is of the utmost importance at Heath. We refer to our athletes as students, rather than student-athletes. The purpose of athletics at Heath is to enhance and strengthen the educational experience. High school and middle school students have standards of participation that are consistent, but more stringent than those set by the Ohio High School Athletic Association.

Teamwork

Every sport at Heath is a team sport. Whether students are participating in an individual event or as a member of an eleven person squad, they are a member of a team. The concept of teamwork is several people working together toward a common goal. Students at Heath will be enabled with this quality that will ensure they are prepared for the real-life challenges the future will hold.

Leadership

Each team will offer leadership positions, some official, and some unofficial. Strong leaders set examples, and hold members of the team accountable by using positive reinforcement and inspiring confidence in teammates. Not all Heath athletes will serve as leaders during their athletic career, however all students will gain qualities and lessons that will enable them to serve as leaders in their future endeavors.

Win

Winning will not be possible without character, scholarship, teamwork, and leadership. Students who learn these traits during their athletic experience, will experience winning as a result.

1. To the parent

This material is presented to you because your son or daughter has indicated a desire to participate in interscholastic athletics, and you have expressed your willingness to permit him/her to compete. Your family interest in this important component of our school program is gratifying. We believe that participation in sports provides a wealth of opportunities and experiences, which assist students in personal adjustments.

We are concerned with the educational development of boys and girls through athletics and feel that a properly controlled, well-organized sports program can meet student needs for self-expression, social, mental and physical growth. It is our intent to conduct a program that is educationally sound and will enhance each student's personal growth.

It should be understood that participation in athletics is a privilege and not a right and that a student who elects to participate in athletics is voluntarily making a choice of self-discipline and self-denial. These are the reasons we place such stress on good training habits. Failure to comply with the rules of training and conduct means exclusion from the squad. This concept of self-discipline and self-denial is tempered by our responsibility to recognize the rights of the individual within the objectives of the team. There is no place in high school athletics for students who will not discipline their minds and bodies for rigorous competition. We are striving for excellence and do not want our athletes to compromise with mediocrity.

When your son/daughter enlisted in one of our sports programs he/she committed our staff to certain responsibilities and obligations, which are:

- a) to provide adequate equipment and facilities
- b) to provide well trained coaches
- c) to provide equalized contests with skilled officials

Likewise, we feel that you have committed yourselves to certain responsibilities and obligations. We would like to take this opportunity to acquaint you with specific policies that are necessary for a well organized program of athletics.

It is the role of the department of athletics to make rules that govern the spirit of competition for the school. These rules need a broad basis of community support, which is achieved only through communication to the parent. It is our hope to accomplish this objective through this athletic publication for students and parents.

2. To the athlete

Being a member of a Heath City Schools athletic team is a fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great athletic tradition is not built overnight; it takes the hard work of many people over many years. As a member of an interscholastic squad of Heath High School or Heath Middle School, you have inherited a wonderful tradition, which you are challenged to uphold.

Our tradition has been to win with honor. We desire to win, but only with honor to our athletes, our schools and our community. Such a tradition is worthy of the best efforts of all concerned. Over many years our squads have achieved more than their share of league and tournament championships. Many individuals have set records and achieved All-League and All-State honors.

It will not be easy to contribute to such a great athletic tradition. When you wear the brown, white, and orange, we assume that you not only understand our traditions, but also are willing to assume the responsibilities that go with them. However, the contributions you make should be satisfying accomplishments to you and your family.

- a) **Responsibilities to Your School:** Another responsibility you assume as a squad member is to your school. Heath City Schools cannot maintain its position as having outstanding schools unless you do your best in the activity in which you engage. By participating in athletics to the maximum of your ability, you are contributing to the reputation of your school.

You assume a leadership role when you are on the athletic squad. The student body and citizens of the community know you. You are on stage with the spotlight on you. The student body, the community, and other communities judge our schools by your conduct and attitude, both on and off the field. Because of this leadership role, you can contribute significantly to school spirit and community pride. Make Heath High School and/or Heath Middle School proud of you, and your community proud of your school, by your consistent demonstration of these ideals.

- b) **Responsibilities to Others:** As a squad member you also bear a heavy responsibility to your home. If you never give your parents anything to be ashamed of, you will have measured up to the ideal. When you know in your heart that you have lived up to all of the training rules, that you have practiced to the best of your ability everyday and that you have played game “all out,” you can keep your self-respect and your family can be justly proud of you.

The younger students in the Heath City School System are watching you. They will copy you in many ways. Do not do anything to let them down. Set good examples for them.

Sportsmanship

Heath Schools Sportsmanship Policy

The Heath Board of Education recognizes and supports the value of interscholastic athletics. In so doing, the Board supports the athletes, coaches, support personnel, fans and officials, all of whom have an essential role in athletic contests.

The use of profanity, disrespectful or derogatory yells/chants, or gestures toward athletes, coaches, officials and fans are examples of unacceptable behavior.

As this policy is to reflect sportsmanship, ethics, and integrity, the following are the expectations of the Heath Board of Education concerning these groups:

The athlete is expected to compete within the spirit of the rules established by the Board of Education, his/her coach, and the Ohio High School Athletic Association.

The coaches are expected to instill sportsmanship, ethics, and integrity in their athletes by serving as models of acceptable behavior, both as coaches and as people.

Support personnel (time keepers, scorers, chain crew, line judges, announcers, etc.) are expected to perform their assigned duties fairly and ethically to the benefit of both the hosts and the guests.

Fans are expected to show respect to athletes, coaches, officials, and other fans. They should cheer for their team not against the opponent.

Officials have been licensed by the OHSAA to serve as unbiased and impartial judges of contests. Their honesty, integrity, and ethics have been guaranteed and should not be questioned.

Ethics, integrity, and respect are values important in our daily lives. All of these important values are learned by participation in interscholastic activity programs. During competition, they are translated into one word---sportsmanship. Sportsmanship is one of the strongest educational lessons and lifetime values taught by interscholastic activities. It makes sense to exhibit good sportsmanship.

Heath Schools Fan Behavior Policy

The Board of Education recognizes the value of extracurricular activities in the educational process and the values that young people develop when they have the opportunity to participate in an organized activity outside of the traditional classroom

Student participants and all adults involved in Board-approved extracurricular activities are expected to demonstrate responsible behavior and conduct. The Board encourages the development and promotion of sportsmanship, ethics, and integrity in all phases of the educational process, including athletics and all other extracurricular activities. The Board encourages that sportsmanship, ethics, and integrity be demonstrated by all segments of the community including administrators, participants, adult supervisors, parents, fans, spirit groups, and support/booster groups.

The Board authorizes contest/event supervisors and security personnel to ensure that the contest/event can be enjoyed by participants and spectators alike. Any person who uses profanity, disrupts a contest/event in any manner (including prior to and following a contest/event) will be subject to removal from the contest/event. The Heath City Police or other appropriate law enforcement officers may be called upon to deal with any person who refuses to leave upon request. Offenders may also be subject to criminal prosecution for disorderly conduct, trespassing, or other applicable violations. The supervisor or security personnel may order the removal of any individual(s) who interferes with or causes a disruption of the contest/event or violates the principles of decency and sportsmanship to ensure that the contests and events can be enjoyed by participants and spectators alike.

In the event that a spectator is removed from a contest/event by a game official, security personnel, or a school employee, that spectator shall be denied attendance to any contest/extracurricular event involving the Heath City Schools, whether at home or away, for a period of one calendar year, unless a lesser period is determined by the Superintendent or his/her designee. Probationary status may be granted if the following conditions are met:

1. A meeting is requested by the ejected fan with the building principal and Superintendent.
2. The ejected fan accepts in writing all guidelines as set forth by school personnel, and the individual agrees to behave in a manner expected of all who follow the principles of good sportsmanship.
3. Any further infraction will result in the fan being denied admittance for one calendar year.

Governance

1. The Board of Education

The Board of Education, responsible to the people, is the ruling agency for the Heath City Schools and is responsible for the following areas:

- Interpreting the needs of the community;

- Developing policies in accordance with state statutes and mandates in accordance with the educational needs and wishes of the people of the Heath City Schools District;
- Approving means by which professional staff may make these policies effective.;
- Evaluating the interscholastic athletic program in terms of its value to the community.

2. The Ohio High School Athletic Association

Heath High School and Heath Middle School are voluntary members of the OHSAA and agree to abide by and enforce all rules and regulations promulgated by this association.

The primary role of the OHSAA is to maintain rules and regulations that ensure equity in competition for the student-athletes and a balance with other educational programs. The OHSAA solicits input and is responsive to requests for rule modifications from member schools, appointed committees, and coaches' associations.

The OHSAA attempts to enforce such rules that assure the greatest good for the greatest number and to ensure that competition is conducted in an appropriate manner.

Heath Schools offer athletic competition in the following approved sports and/or activities:

Cheerleading, Cross Country, Football, Golf, Gymnastics, Volleyball, Basketball, Wrestling, Swimming, Baseball, Soccer, Softball and Track and Field.

3. The National Federation of State High School Associations (NFHS)

The NFHS consists of the fifty-one individual state high school athletic and/or activities associations. The purposes of the NFHS are to serve, protect, and enhance the interstate activity interests of the high schools belonging to state associations; to assist in those activities of the state associations which can best be operated on a nationwide scale; to sponsor meetings, publications and activities which will permit each state association to profit by the experience of all other member associations.

The NFHS is both a service and regulatory agency. The growth and influence of state associations and the NFHS ensure some degree of teamwork on the part of more than 20,000 schools and enables them to formulate policies for the improvement of interscholastic activities.

4. The Mid-State League

Heath High School and Heath Middle School are voluntary members of the Mid-State League. This league was established for the primary purpose of promoting selected interscholastic activities among member schools and assuring such advantages as may be gained by a union of effort.

The Mid-State League was established to encourage member schools to improve their co-curricular program in athletics. The conference membership facilitates the arranging of schedules, equalizing competition, and conducting league meets and determining league championships. The Mid-State League provides Heath High School and Heath Middle School the opportunity for competition without excessive travel and with schools of similar size and athletic philosophy. Membership implies abiding by conference schedules, rules, and regulations.

Member Schools are:

Cardinal Division

Berne Union
Fisher Catholic
Grandview Heights
Harvest Preparatory
Liberty Union
Licking Heights
Millersport
West Jefferson

Ohio Division

Columbus Academy
Bexley
Granville
Heath
Lakewood
Licking Valley
Newark Catholic
Whitehall

Buckeye Division

Amanda Clearcreek
Bloom Carroll
Canal Winchester
Circleville
Fairfield Union
Hamilton Township
Logan Elm
Teays Valley

5. Ohio High School Athletic Association Rules

To be eligible for interscholastic athletics, a high school student must meet the state regulations as set forth in the OHSAA Eligibility Bulletin provided to the student athlete by his/her coach (Extra copies are available in the Athletic Director's office.) These regulations cover the following:

- Enrollment
- Age
- Physical Examinations
- Seasons of Competition
- Semesters of Enrollment (Scholarship)
- Residence Requirements
- Transfers
- Guardianship
- Awards
- Amateur Practices
- Participation on Independent Teams
- Undue Influence (Recruiting)

Requirements for Participation

1. Physical Examination

A yearly physical examination is required of all athletes grades 7-12. An OHSAA Preparticipation Physical Examination Form must be completed by physician and submitted to the coach or athletic director **prior** to participation. In addition the medical history part of the form must be filled out and signed by the student and parent or guardian. The examination covers all sports for the entire school year. The form will be kept on file in the athletic trainer's office.

2. Emergency Medical Authorization (EMA)

Each athlete's parents shall complete an EMA form giving or denying permission for treatment by a physician or hospital when the parent(s) are not available. The coach will keep one copy of the form for availability at all practices and contests another copy will be on file in the athletic office.

3. Parent Acknowledgement of Athletic Policies

Upon entering middle school and again upon entering high school, or at the time a student tries out for an athletic team, he/she will be presented with this handbook containing all the necessary forms and information for participating in athletics. Each parent or guardian and athlete shall read all of the enclosed material and certify that they

understand the athletic eligibility rules and policies of the school district. This signed document will be filed in the athletic administrator's office.

4. Insurance

All athletes must have proper insurance coverage before participating in practice sessions or try-outs. The school district does not carry insurance to cover student athletic injuries. A parent/guardian will need to sign the Insurance Verification Form showing that they possess a family insurance plan and return it so that it may be kept on file with the athletic director. Parents/guardians may purchase insurance from an insurance carrier approved by the school. Forms are available in the office.

5. Scholastic Eligibility

In order to participate on a Heath High School or Heath Middle School athletic team, each athlete will be required to meet the following eligibility standard:

All high school students must meet the scholastic requirements of the Ohio High School Athletic Association which require that the students pass a minimum of the equivalent of five credits toward graduation during the immediately preceding grading period in order to be eligible for athletics the following grading period. Changes of eligibility will become effective at the conclusion of the fifth school day after the end of the nine weeks.

Minimum Cumulative Grade Point Average:

- 1) All student-athletes of Heath High School will be required to earn a grade point average of 1.700 or better during the preceding grading period in order to be eligible for the following grading period.
- 2) The grade point average for the preceding year's 4th nine weeks grading period shall be used for the purpose to determine fall athletic eligibility.

The minimum cumulative grade point average policy does not apply to Heath Middle School students. Middle school students must have received passing grades in 75 percent of the subjects in which they were enrolled during the immediately preceding grading period.

For eligibility, summer school grades may not be used to substitute for failing grades received in the final grading period of the regular school year, or for lack of enough courses taken the preceding grading period.

All beginning seventh graders are eligible for the first grading period. All beginning ninth graders must have received passing grades in 75 percent of the subjects in which enrolled the immediately preceding grading period to be eligible for the first grading period.

Students, for whom an Individualized Education Plan (IEP) is on file, at the time that they would be declared ineligible under the above standards, shall automatically be afforded a review of their case. The review shall be conducted by the principal, athletic director, the student's guidance counselor, and the student's special education teacher. This review committee shall have the right to waive the eligibility requirement if, in their professional judgment, the student has made every effort possible to meet the standard.

6. Risk of Participation

All athletes and parents must realize the risk of serious injury, which may be a result of athletic participation. The Heath City School District will use the following safeguards to make every effort to eliminate injury:

- Conduct a mandatory parent/athlete meeting prior to the start of the season to fully explain the athletic policies and to advise, caution, and warn parents/athletes of the potential for injury;
- maintain a continuing education program for coaches to learn the most up-to-date techniques and skills to be taught in their sport;
- instruct all athletes about the dangers of participation in the particular sport.

7. Financial Obligations and Equipment

- Pay to Participate (optional as financial conditions warrant) – Each sport season when squads are selected, athletes may be assessed a small fee as established by the Board of Education to help maintain the high quality of the athletic program.
- Athletic Fee-- Each athlete will be required to pay a fee of \$25.00 at the beginning of each athletic season, which will be used for transportation and athletic training services. This fee will be due within the first two weeks of practice for the respective sport. Students who fail to pay the \$25.00 athletic fee once the two week time period has expired may be denied participation until payment has been submitted. Once payment is submitted, and the student has permission of the coach and athletic director to rejoin his/her team, the student may resume participation in practice and competitions. Students will not be required to pay more than \$50.00 in “Athletic Fee” per school year.
- Uniforms – In several sports, athletes will be required to purchase a portion of their game uniform, which will become their property.
- Equipment – All athletes are responsible for the proper care and security of equipment issued to them. School-furnished equipment is to be worn only for contests and practice. All equipment not returned in good condition at the end of the season will be subject to a financial penalty, and students may be denied participation in athletics until the financial obligations have been paid.

Athletic Code of Conduct

Participating in athletics in the Heath City Schools is a privilege. If a student is offered, and accepts, membership on a Heath team, then he/she becomes a representative of the Heath City Schools. Thus personal conduct should be unquestionable at all times.

To insure consistency within the teams and in all sports, the following general rules have been established for the athletes at all times. The coach for any particular sport may have rules in addition to these which he/she demands the athlete to follow; but these few general rules apply to all athletes at all times. It is strongly recommended that any potential athlete discuss these guidelines with his/her parents to create a greater degree of unity in the program.

HEATH CITY SCHOOL DISTRICT DRUG AND ALCOHOL TESTING POLICY FOR STUDENT ATHLETES

2008-2009

STATEMENT OF PURPOSE

The Heath City School District Board of Education believes that interscholastic athletics can be an important aspect of a student's overall educational experience. The Board believes that the experience gained while involved in interscholastic athletics is a privilege and not a right.

The Board is certainly aware of the pressures that the youth of today face, especially in the area of drugs and alcohol. It also realizes, that due to the nature of athletic activities, drugs and/or alcohol can lead to added risks, including injury to themselves and others.

In an effort to make this experience as positive as possible, we are continuing our drug testing program but are expanding it to a mandatory random drug testing policy for all student athletes at Heath High/Middle School, including other applicable school buildings, effective with the 2008-2009 school year. The purpose of this program is three-fold: (1) to provide for the health and safety of all students/athletes; (2) to undermine the effects of peer pressure by providing a tangible reason for students/athletes to refrain from the use of illegal drugs; and (3) to encourage students/athletes who use drugs to participate in drug treatment programs. The testing program is also available to non-athlete students with parental/guardian request and written permission of the student and parent/guardian.

The following expectations and consequences are in effect for student athletes and will be enforced for twelve (12) months of the year and may carry over to the next season of participation.

A. WHO WILL BE TESTED

1. Student athletes

At the beginning of each athletic season, all eligible athletes may be subject to urine drug testing. Random drug tests may begin within two weeks of the official OHSAA starting practice date on a date and time coordinated with the testing vendor. The head coach is responsible for seeing that all students and their parent(s)/guardian(s) properly sign the informed consent agreement. The student and parent(s)/guardian(s) must also properly sign their consent to perform testing for drugs and alcohol prior to testing. Then, periodically, a random number of athletes, up to 25% may be tested. Random urine drug testing will continue through the remainder of the school year. Any student moving into the district may be tested at the time they join a team. Students may also be tested under circumstances of reasonable suspicion involving substance abuse/use.

Athletes will continue to be part of the drug/alcohol program until one of the following conditions applies:

1. the athlete moves from the district;
2. the athlete graduates from high school;
3. The athlete may choose to remove himself/herself from the testing pool with written permission of the parent(s) given to the Athletic Director and with the following understanding: the athlete will be ineligible to play for 365 days from the date of removal.

2. Non-athlete students

The parent(s)/guardian(s) of a non-athlete student may have their son/daughter placed in a random selection pool and request to have them tested entirely at their expense. A written request for testing, along with a signed parent(s)/guardian(s) consent to perform testing for drugs and alcohol, must be on file in the athletic director's office. This must be accompanied by a signed student consent to perform testing for drugs and alcohol form. The cost will be established by the testing vendor. All results will be forwarded directly to the parent(s)/guardian(s). Follow-up actions will be at the discretion of the family. However, the school will provide references and /or help upon request.

B. COLLECTION PROCESS

Selected student athletes are called from class and arrive at the collection site. A specimen of urine is collected following this process:

- a. The drug screen collector first inspects the collection site and adds a bluing agent to the water in the urinal or toilet;
- b. no purses, bags or containers may be taken into the collection area with the student; all extra coats, vests, jackets, sweaters, etc., are to be removed before entering the collection area;
- c. the student is asked to rinse their hands with water and dry them; if no water is easily accessible, a non-alcoholic wipe may be used instead;
- d. the collector then positively identifies the donor and reviews the instructions and procedures;
- e. the drug testing chain of custody (COC) form is completed by the student and collector;
- f. the collection container is selected and unsealed by the collector and given to the donor;

- g. the student is told to urinate directly into the provided container and should provide a sufficient amount of urine (45 ml) in one attempt. The student is also told they are to hand the container of urine to the collector;
- h. the student enters the secured stall to void the specimen, then upon completion, hands the container to the collector;
- i. the collector checks the volume, reads and records the temperature within four minutes of collection, and looks for evidence of tampering. If tampering is suspected, a second specimen will be requested. A second suspected tampered specimen will be considered refusal to test and the athletic director notified;
- j. With the student watching, the collector will pour the specimen into the two bottles and recap the specimen bottles tightly.
- k. the collector takes the properly signed and initialed bottle seals, verifies them with the donor, and places them over the caps and sides of bottles;
- l. the sealed bottles are placed inside the transport bag;
- m. the top lab copy of the drug testing COC form is folded with the top portion visible to the outside and placed in the transport bag. The transport bag is sealed as indicated and the student is given the donor copy of the COC form;
- n. the student may wash his/her hands when complete;
- o. the collector distributes the remaining copies of the COC form as required, being responsible for getting the appropriate copy of the form to the medical review officer (MRO) in a timely manner;
- p. the athletic director will be notified immediately of any student who refuses to give a urine sample;
- q. students who are unable to provide a urine sample during designated testing time will be required to provide a sample during that calendar day. The student will be required to contact an approved drug testing vendor (i.e. Company Care, Newark, Ohio) and submit a sample to that vendor the same day as the test. This will be at the student's expense.

C. MEDICAL REVIEW OFFICIER (MRO) RESPONSIBILITIES

The MRO will review all results of urine drug testing. Any urine specimen testing positive for illicit or banned substances will be handled in the following manner:

- a. The MRO determines if any discrepancies have occurred in the chain of custody.
- b. Depending on the substances found in the urine, if necessary, the MRO will contact the parent/guardian/custodian to determine if the student is on any prescribed medication from a physician.
- c. If the student is on medication, the MRO will determine if that prescription is what resulted in the positive drug screen.
- d. Based on the information given, the MRO will certify the drug test results as positive or negative and report this to the athletic director and the parent/guardian/custodian of the student.

D. PICK-UP PROCESS

The vendor is responsible for seeing that specimens are delivered to, or picked up by, the testing laboratory and the COC form properly annotated.

E. FORM COMPLETION

The vendor is responsible for seeing that proper drug testing COC forms are used that satisfy the needs of the school policy and the testing laboratory. A student number will be used for identification, with the student's name only appearing on the copies that go to the donor, MRO, and school officials. The District will maintain drug test results in a separate, confidential files with access limited to personnel who have a need to know the information.

F. CONFIDENTIALITY

No student athlete will be penalized academically for testing positive for illegal drugs or banned substances. The results of the drug test pursuant to this policy will not be documented in any student's academic records. Information regarding the results of drug tests will not be disclosed to criminal or juvenile authorities, absent legal compulsion by valid and binding subpoena or other legal process, which the Heath City School District Board of Education will not solicit. In the event of service of any such subpoena or legal process, the student and the student's custodial parent, legal guardian, or custodian will be notified at least 72 hours before response is made by the Heath City School Board of Education, to the extent permitted by such subpoena or legal process.

G. TESTING

Drugs for which athletes may be tested include LSD, alcohol, marijuana, amphetamines, methadone, anabolic steroids, methaqualone, barbiturates, nicotine, benzodiazepines, opiates, cocaine, propoxyphene, and/or any substance included in U.S.C. 802 (6), which an individual may not sell, offer to sell, possess, give, exchange, use, distribute, or purchase under State or Federal Law. This definition also includes all prescribed and over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use provided for in the prescription or by the manufacturer.

The district may ask the laboratory to test for additional drugs for an additional charge.

Specimens must be initially screened using an immunoassay and/or chromatographic method, with all presumptive positives then confirmed by gas chromatography (GC) or gas chromatography/mass spectroscopy (GC/MS) methods.

No positive results will be reported until screening results are confirmed.

The MRO will certify all urine drug screens as negative or positive and report positive findings by telephone in a confidential manner to the parents than the athletic director. This will be followed by a confidential final written report to be mailed to the athletic director.

H. NOTIFICATION CHAIN FOR A POSITIVE RESULT

The following notification chain will be used when the athletic director receives results of a positive test from the laboratory.

The MRO will notify the athletic director and the parent(s)/guardian(s) within twenty-four hours. The athletic director will then notify the superintendent and the head coach of the program in which the athlete participates.

I. VIOLATIONS CRITERIA

For the purpose of the policy, the following actions constitute policy violation:

- Refusal to sign or return consent forms;
- Failure to report to collection site after notification;
- Refusal to submit sample for random or reasonable suspicion testing;
- Tampering with the sample for testing or attempting to subvert the collection/identification process;
- Confirmed positive for banned substance;
- Use or intent to use a counterfeit substance;
- Aiding and/or abetting another athlete in violating this policy;

J. DUE PROCESS

After notification of a positive test by the MRO, the district athletic director and head coach will notify the parents for the purpose of scheduling a meeting with the parent(s)/guardian(s) within 48 hours.

The parent(s)/guardian(s) and athlete may, at their own expense, elect to have a portion of the original sample re-tested by the district's laboratory, or a second independent certified laboratory of their choice, but approved by the MRO and/or the Board of Education. The district's lab will forward the sample in response to a written request with a check for the appropriate fee.

Each student who is in violation of the drug, alcohol, and tobacco policies will be afforded due process. The student will have the right of appeal of consequences to the Building Principal. This must be done in writing within seventy-two hours of the consequences being determined. All consequences will be enforced during the appeal period. A final appeal may be made to the superintendent or his/her designee in writing within seventy-two hours of the consequences being determined. All consequences will be enforced during the appeal period. The superintendent's decision will be final.

K. POLICY VIOLATION CONSEQUENCES RESULTING FROM A POSITIVE TEST

The use of drugs, alcohol, or tobacco, including performance enhancing substances will harm an athlete's most valuable asset, his/her body. Not only do these hurt the athlete personally, but they also have a great influence on those younger athletes who may be modeling themselves after the athlete's style of play and conduct, both at and away from school. Thus, any athlete found to be using any of these substances or having them in his/her possession, on or off school grounds, will face the following consequences.

a. First Violation

- a. The student athlete will lose 25% of competition in the athletic season and
- b. The student will be given the option of:
 1. Within five days of testing positive, having an appointment with a Certified Chemical Dependence Counselor for a chemical dependency assessment and then following the recommendations of the counselor;
 2. Denial of participation in interscholastic athletics for the remainder of the current athletic season and the next athletic season;
- c. A positive drug and/or alcohol violation will result in three additional random tests through the school drug testing vendor before returning to participation. The results must be negative for any drugs and/or alcohol and the cost of the testing will be the responsibility of the parent(s)/guardian(s).
- d. Athletes serving a suspension must complete the season which the suspension is issued. Failure to do so will result in the suspension being imposed on the student's next athletic season.

b. Second Violation

For the second violation within a two year period following the first violation, the student athlete will be denied participation for the remainder of the current athletic season and the next athletic season.

A positive drug and/or alcohol violation will result in three additional random tests through the school drug testing vendor before returning to participation. The results must be negative for any drugs and/or alcohol and the cost of the testing will be the responsibility of the parent(s)/guardian(s).

c. Third Violation

For the third violation within a two year period following the first violation, the student athlete will be permanently denied the privilege of participation in athletics at Heath City Schools.

L. Providing/selling/attempting to sell alcohol or trafficking in controlled substances/mood-altering chemicals/counterfeit substances

1. First offense

- a. A letter shall be given to the athlete and a copy put in his/her athletic file that alerts the athlete of the violation and informs the athlete of the consequences of further violations. A copy of this letter will be mailed to the parent(s)/guardian(s) and athlete.
- b. Dismissal from all athletics for twelve months from the date of the violation.
- c. Information collected related to trafficking will be reported to the appropriate law enforcement authorities.

- d. Expulsion, in accordance with the regular student code of conduct, if applicable, will also be implemented.
- 2. Any additional offense will result in denial of participation in athletics for the remainder of the athlete's high school career.

M. All coaches and/or advisors must adhere to this policy and are not permitted to deviate from the policy's contents.

N. FINANCING

Heath City Schools will be responsible for testing costs, except that once an athlete has had a positive test confirmed, any and all additional cost incurred becomes the responsibility of the athlete and his/her parent(s)/guardian(s).

DEFINITIONS:

Alcohol-Intoxication liquor, liquor, alcohol, wine, beer, mixed beverages, malt liquor, and malt beverages are defined in Revised Code 4301.01. The term "alcoholic beverages" also means any liquid or substance, such as "near beer" intended for use as a beverage, used as a beverage, or capable of being used as a beverage, which contains alcohol in any proportion or percentage. The term "alcoholic beverage" does not include a substance used for medical purposes in accordance with directions for use provided in a prescription or by the manufacturer and in accordance with school district policy and rules related to the use of prescriptions so long as the substance is authorized by a medical prescription from a licensed physician and kept in the original container, which shall state the student's name and directions for use.

Assessment and follow-up program-A program operated by a certified chemical dependency counselor or any agency certified by the Ohio Department of Alcohol and Drug Addiction Services, or a licensed physician trained in chemical dependency.

Adulterant-Any attempt to alter the outcome of a urine drug test by adding a substance to the sample, attempting to switch the sample, or otherwise interfere with the detection of illicit or banned substances in the urine, or purposefully over hydrating oneself in an attempt to dilute the urine to decrease possible detection of illicit or banned substances.

Athlete-Any student participating in high school/middle school athletic programs and/or contests under the control and jurisdiction of the district and the Ohio High School Athletic Association (OHSAA).

Athletic year-July 1 to June 30

Banned substance chain of custody-The methodology of tracking specified materials or substances for the purpose of maintaining control and accountability from initial collection to the final disposition for all such materials or substances and providing for accountability at each stage of handling, testing, and storing specimens and reporting test results.

Counterfeit substance-

1. Any drug that bears, or whose container or label bears, a trademark, trade name, or other identifying mark used without authorization of the owner or rights to such trademark, trade name, identifying mark;
2. Any unmarked or unlabeled substance that is represented to be a controlled substance/mood-altering chemical, manufactured, possessed, packed, or distributed by a person other than the person that manufactured, processed, packed, or distributed it;
3. Any substance that is represented to be a controlled substance/mood altering chemical, but is not a controlled substance/mood-altering chemical or is a different controlled substance/mood-altering chemical;
4. Any substance other than a controlled substance/mood-altering chemical that a reasonable person would believe to be a controlled substance/mood-altering chemical because of its similarity in shape, size, and color or its markings, labeling, packaging, distribution, or the price for which it is sold or offers for sale.

Illegal drugs or drugs-Any substance, as included in schedules I through V of 21 U.S.C. 802(6) which an individual may not sell, offer to sell, exchange, give, possess, use, distribute, or purchase under State or Federal law. This definition also includes all prescription drugs obtained without authorization, and all prescribed over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use provided in the prescription or by the manufacturer. This definition includes nicotine.

Medical review officer-A doctor, not necessarily a licensed medical review officer, who serves in that capacity on behalf of the district.

Mood altering chemicals-Includes without limitation, narcotics, depressants, stimulants, hallucinogens, counterfeit drugs, marijuana, alcohol, and any common substance such as “white-out”, glue, gasoline, etc. used for its mood-altering effect. Prescription drugs are included, unless authorized by a medical prescription from a licensed physician and kept in the original container, which states the student’s name and the directions for proper use.

Non-athlete student-Any student enrolled in Heath High or Middle School who is not currently on the roster of any freshman, junior varsity or varsity athletic team.

Paraphernalia-Instruments such as pipes, roach clips, syringes, hypodermic needles, cocaine spoons or kits, and any other items normally or actually used for the packaging, conveyance, dispensation or use of drugs will not be permitted on any school property or vehicle or at any school activity and will be subject to confiscation. Possession of drug paraphernalia will be treated the same as possession of a controlled substance.

Positive-The presence of alcohol, nicotine, or drug of abuse.

Possession-Having control over a thing or substance but may not be inferred solely from mere access to the thing or substance.

Random selection-A mechanism for selecting athletes for drug/alcohol testing in which each athlete shall have an equal chance of being selected for testing each time selections are made.

Reasonable suspicion drug testing-Drug testing based on a belief that a student-athlete is using drugs and is drawn from specific objective and articulable facts and reasonable inferences drawn from those facts in light of experience. Among other things, such facts and inferences may be based upon one or more of the following criteria:

1. Observable phenomena, such as direct observation of drug use or of the physical symptoms of being under the influence of a drug; but not limited to appearance, speech, body odors, behavior, or other physical or observable traits of a student athlete. In the context of performance-enhancing drugs, reasonable suspicion specifically includes unusual increases in size, strength, weight, or other athletic abilities.
2. Evidence that a student-athlete tampered with a drug test.
3. Evidence that a student-athlete used, possessed, sold, solicited, or transferred drugs while at school or while participating in any interscholastic athletic program.

Self-referral-A parent/guardian of, or an athlete who seeks assistance to deal with a tobacco, drug, or alcohol problem with their coach and/or administrator prior to being accused of school rule violations or criminal misconduct.

Specimen-Any urine sample provided by student-athletes for testing pursuant to this program.

Student-Any student enrolled at Heath High School or middle school subject to this policy.

Tobacco-All types of tobacco products, including smokeless tobacco.

Trafficking-Sell, offer to sell, distribute, possess with intent to distribute, cultivate, manufacture, or otherwise engage in any part of the production of a controlled substance.

ADMINISTRATIVE REGULATIONS

In order to effectively implement the requirements of the Heath City School District Drug and Alcohol Testing Policy for students/athletes, the following procedures will apply:

A. CONSENT

Each athlete shall be provided a copy of the “Parent-Athlete Athletic Policy Handbook,” and “Student, Parent/guardian consent to perform urinalysis for drug testing.” These documents will be distributed by the athletic director or designee during preseason meetings, to be held within two weeks of the official OHSA starting practice date.

The athlete must read, sign, and date the informed consent agreement as a condition of eligibility to participate in interscholastic athletic practices or competition. The athlete and the athlete’s parent(s)/guardian(s) are also required to sign the “student, parent/guardian consent to perform urinalysis for drug testing”

before the athlete may participate in interscholastic athletic practices or competition. (see forms)

The athletic director and/or his/her designee will maintain informed consent agreement and consent forms until the student's eligibility expires.

B. TESTING FREQUENCY

The student consents to provide a urine sample for drug/alcohol testing as part of a qualifying pre-season initial screening, and/or as chosen due to reasonable suspicion, and/or as chosen by random selection (athletes and non-athletes).

C. SELECTION GUIDELINES

Based on a master list of identification numbers of eligible athletes submitted by the athletic director, random selection of in-season athletes, and out-of-season athletes may be conducted during the school year. The athletes selected will be asked to report to the designated collection site and provide a urine sample for testing within the time parameters established by the school district and testing lab.

D. COLLECTION SITE

Collection sites will be chosen based on adequate bathroom facilities and the ability to limit access to all persons except authorized monitors and athletes during collection times. Facilities for all athletes should have private stalls with closures.

Adequate clerical space to process designated forms must be available at, or closely adjacent to the collection area.

There should also be sufficient room to hold waiting athletes who must remain supervised at the collection site until collection is complete. Athletes are not free to come and go after entering the collection site.

Conduct of Athletes

A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the athletic department. The community, school administrators and the coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. The welfare of the student is our major consideration and transcends any other consideration.

All athletes shall abide by a code of ethics, which will earn them the honor and respect that participation and competition in the interscholastic program affords. Any conduct that results in dishonor to the athlete, the team, or the school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to theft, vandalism, disrespect, immorality or violations of the law, tarnish the reputation of everyone associated with the athletic program and will not be tolerated.

Penalties for Violation

Due to the serious nature of this rule, the coach involved, the athletic director, and the building principal shall meet and determine the penalty according to the degree of the infraction. The penalty shall range from a minimum of 10% of the season or succeeding season to a maximum of permanent denial of participation.

Denial of Participation

Concerning denial of participation in extracurricular activities, the Superintendent, a Principal, an Assistant Principal, or another administrator may prohibit a student from participating in any particular or all extracurricular activities of the district, and a person

employed by the district to direct, supervise, or coach a pupil activity program as provided by the district may prohibit a student from participating in any particular or all extracurricular activities of the district directed, supervised, or coached by that person, for such period of time as is determined by the Superintendent, Principal, Assistant Principal, other administrator, or person employed by the district to direct, supervise, or coach a pupil activity program. This policy shall be posted in a central location in each school building of the district and shall be made available to students upon request.

Due Process

A violation of OHSAA, MSL, Heath City Schools or coaches' rules and policies may result in denial of sports participation. Procedure for denial is listed below.

- a. When an athlete has committed an offense, the athlete will be confronted and disciplinary action explained at that time by the coach.
- b. After the athlete has been advised of the offense and disciplinary action to be taken, a report will be made to the Athletic Director who will then advise the Principal. A letter explaining this action will be forwarded to the athlete's parents. During denial of participation, the athlete will relinquish all privileges, which he/she has received as an athlete.
- c. A coach may deny participation of an athlete for a period of time not to exceed twenty-four (24) hours without a hearing or an appeal being involved.
- d. Disciplinary action resulting in denial of participation may be appealed to the building principal by the parent/guardian. The parent/guardian must contact the school office to set up a hearing appointment.

Basic Athletic Department Policies

1. Participation

Due to the relatively small student body at Heath High School and the desire of our student body to participate in more than one activity/, the following guidelines must be followed. When potential and/or probable conflicts occur, a student must adhere to the following guidelines:

- a) Before trying out or joining more than one team, the student with parent approval must identify the prime or first choice sport, and both coaches must agree to abide by the student athlete and parent decision.
- b) A competitive team activity must take precedence over non-competitive or performance activities. Rationale: When a team is selected, someone may be denied a starting role or position on the team. It is unfair to the advisor, coach, and/or teammates to deny them the teammate's services.
- c) When two athletic events come in conflict, the athletic policy addresses the procedure to be followed.
 - a. A competitive event such as softball, basketball, track, etc., shall take precedence over a non-competitive, event such as cheerleading;
 - b. tournament competition takes precedence over regular season competition;
 - c. league competition takes precedence over non-league competition;
 - d. league championship contending competition takes precedence over non-championship play.
- d) When two performance activities come into conflict, competitions take precedence over a performance; whereas, a performance takes precedence over a practice.

In all instances every effort will be made by the school administration to schedule activities in a way as to avoid as many conflicts as possible. It is also expected that the student athlete with the conflict will communicate to all parties involved as soon as the conflict is discovered.

3. **Dropping or transferring sports:** Quitting is an unacceptable habit. A quitter may lose the privilege of participating in athletics. On occasion, however, an athlete may find it necessary to drop a sport for a good reason. If this is the case, the following procedure must be followed:
 - a) Consult with immediate coach and then the head coach;
 - b) Report situation to the athletic director;
 - c) Return any and all equipment;

The athletic fee of \$25.00 WILL NOT be refunded for students who elect to discontinue participation during an athletic season. Students who try out for a sport and are not selected for the team, but have already paid the \$25.00 activity fee, will receive a refund from the athletic department if the request is made to the athletic director.

A student athlete who has been chosen to play on a team may not try out for another team until that sport season is finished, nor may he/she be involved in organized conditioning for another sport. Exceptions may only be made by the in-season head coach of the sport for which the student athlete has been selected, and only due to extenuating circumstances.

3. **Equipment:** Each student athlete will be issued equipment at the beginning of the interscholastic season of his/her sport. The athlete will be responsible for the care of this equipment. Return of this equipment is also a responsibility of the athlete at the end of the sports season. No athlete will be permitted to try-out for, or participate in, another interscholastic sport unless equipment from the previous sport is turned in or if lost, damaged, or destroyed reimbursement made to the athletic department.
4. **Missing practice:** An athlete should always consult his/her coach before missing practice. Missing practice or a game without good reason and/or prior notification will be dealt with severely.
5. **Travel:** All high school and middle school teams' transportation will be provided by the athletic department through the use of Heath City Schools' busses. All athletes must travel to and from athletic contests in transportation provided by the athletic department, unless previous arrangements are made by the parents, and then only for an exceptional situation.
 - a. Athletes will remain with their squad and under the supervision of the coach when attending away contests
 - b. Athletes that miss the bus will not be allowed to participate in the contest unless there are extenuating circumstances
 - c. All regular school bus rules will be followed.
6. **College recruitment policy:** In the event an athlete should be contacted personally by a college recruiter, he/she has an obligation to work through his/her coach and the athletic department. Coaches should be contacted as soon as possible. College recruitment

information is available in the athletic office. NCAA standards are available to students and families in the athletic office and through the guidance office.

7. **Attendance:** To be eligible to participate in an extra-curricular activity sponsored by Heath City Schools, a student must be in attendance a minimum of five (5) full periods and must have written permission from a parent/guardian for the periods missed to be able to participate in after school practice and/or contests that day. Exceptions may be made for excused non-illness related absences (e.g. college visitation, emergency room visits, funerals, etc.). If there must be a variation to the above stated rule, prior permission must be obtained from the athletic director or principal.
8. **Release From Class:** It is the responsibility of athletes to see their teacher the day before the classes they will miss because of an athletic contest. All work will be made up at the convenience of the teacher.
9. **Grooming and Dress Policy:** A member of an athletic team is expected to be well groomed. Appearance, expression and actions always influence people's opinions of athletes, the team, and the school. Members of a squad have made a choice to uphold certain standards expected of athletes in this community.

Team members will adhere to the following grooming and dress rules:

- a. Hair styles are to be maintained in a neat and clean manner so as to present a positive image for both the team and the school;
 - b. an athlete shall dress presentably at all times, on trips, or at assemblies or banquets;
 - c. only uniforms issued by the athletic department will be worn for contests;
 - d. athletes will not be permitted to participate until deviations of the above rules are satisfactorily corrected.
10. **Vacation Policy:** Vacations by athletic team members during a sport season are discouraged. Parents/athletes wishing to do so may reassess their commitment to being an athlete. In the event of an unavoidable absence due to a vacation, an athlete must:
 - a. be accompanied by his/her parents while on vacation;
 - b. contact the head coach prior to the vacation;
 - c. practice one day for each practice or contest day missed prior to resuming competition. (Contest day will count as a practice day.)
 - d. be willing to assume the consequences related to their status on that squad.
 11. **Squad Selection:** In accordance with our philosophy of athletics, and our desire to see as many students participate in the athletic program as possible while at Heath High School and Heath Middle School, we encourage coaches to keep as many students as they can without unbalancing the integrity of their sport. Time, space, facilities, equipment, personal preference and other factors will place limitations of the most effective squad size for any particular sport.
 12. **Squad Reduction Policies:** Choosing the members of athletic squads is the sole responsibility of the coaches of those squads. Prior to trying out, the coach shall provide the following information to all candidates for the team:
 - a. Extent of try-out period
 - b. Criteria used to select the team
 - c. Number to be selected
 - d. Practice commitment if they make the team

e. Game commitments

When a squad cut becomes a necessity, the process will include three important elements. Each candidate shall have:

- a. competed in a minimum of five practice sessions;
- b. performed in at least one intra-squad game;
- c. been personally informed of the cut by the coach, including the reason for the action.

Coaches will discuss alternative possibilities for participation in the sport, or other areas in the activities program.

13. Reporting of Injury: All injuries, which occur while participating in athletics, should be reported to the trainer/coach. If the injury requires medical attention by a doctor or treatment center, it will be necessary to have an injury report form completed. Once a physician treats an athlete, the athlete must obtain the doctor's permission to return to the activity.

14. Team Rules: Each coach may include special rules of his/her own. If a coach does so, the student athlete is expected to be aware of these rules and abide by them. The athletic director and principal must approve these additional rules and regulations, and a copy should be filed with both administrators. All athletes should keep in mind that participation in interscholastic athletics is a privilege. Athletes need to remember that not only do they represent themselves, but they also represent their coach, team, school, and community. Their behavior should reflect this responsibility on and off the playing field. The student handbook governs the behavior of student athletes, as well as other members of the student body at athletic events.

15. Ejection: The OHSAA has adopted an ejection for unsportsmanlike conduct policy. The OHSAA policy is as follows:

Any student ejected for unsportsmanlike conduct or flagrant foul shall be ineligible for contests for the remainder of that day. In addition, the player shall be ineligible for all contests at all levels in that sport, until two regular season/tournament contests (one in football) are played at the same level of ejection.

If the ejection occurs in the last contest of the season, the student shall be ineligible for the same period of time, as stated above, in the next sport in which the student participates. A student under suspension may not sit on the team bench, enter the locker room, or be affiliated with the team in any way traveling to, during, or traveling after the contest(s).

A student who is ejected a second time shall be suspended for the remainder of the season in that sport.

16. Locker Room Regulations:

- a. Rough-housing and throwing towels or other objects is not allowed in the locker room. Hazing of other players is not allowed.
- b. All showers must be turned off when finished using them. The last person to leave the shower room is expected to check all showers.
- c. No one except coaches and assigned players are allowed in the locker room.
- d. No glass containers are permitted in locker rooms.

- e. All spiked or cleated shoes must be put on and taken off outside of the building. Wearing of spikes or cleats is never permitted in any part of the school building.

17. Weight Room Regulations:

- a. Any student who uses the weight room must have a signed parental permission and release form on file in the athletic office.
- b. Shirts and shoes are required at all times.
- c. No one is to be in the weight room alone.
- d. All students must be under the supervision of the instructor assigned.
- e. Lifters must work with a partner.
- f. Replace all weights on racks immediately following use.
- g. Know your limits! Work with the instructor to determine your limits.
- h. Do the lifts correctly. It is better to use lighter weight for correct lifting than heavier weights and run the risk of injury.
- i. Warm-up with proper stretching exercises.
- j. No chewing gum or eating candy while lifting.
- k. No food or drinks inside weight room.
- l. No horseplay or profanity.
- m. No abuse of equipment. Any equipment that is broken must be reported immediately.
- n. Strength training is not only a supplement to other athletic programs, but also a highly skilled activity itself.

18. Sports Season

All of the preceding rules and policies apply to athletes “in season.” A season is defined as beginning on the first day of conditioning or try-outs through, and including, the last contest. This includes tournament competition.

H. Athletic Awards Policy:

1. Varsity Letter Requirements

The varsity award shall be presented to an athlete who satisfied the participation requirements as determined by the coach with the approval of the athletic director.

- a. The requirements to earn a varsity letter are different for each sport. The athlete should check with the coach for specific requirements in their sport.
- b. Each athlete must be in “good standing” at the end of the season to receive an award.
- c. No athlete will receive an award until all equipment has been returned.
- d. Season is defined as that period of time from the first practice to the awards program.
- e. Junior varsity and freshman awards are given based on the recommendation of the coach. To be eligible athletes must complete the season.
- f. Manager’s award will parallel the regular awards if they manage for the entire season.
- g. Statistician’s award for satisfactorily compiling statistics for the entire season.

2. Award Criteria That Pertain to All Sports

- a. An athlete who moves from one level of competition to another will be awarded at the level of highest competition provided the athlete has met combined requirements.
- b. A coach will have the prerogative to letter a senior who has not met the seasonal requirements for lettering.
- c. Injury Rule: Any athlete who is a starter or plays regularly and was thereafter injured may be awarded a letter, if in the coach’s judgment, he/she would have met the lettering requirements.

- d. In a sport where state tournament play is sponsored, athletes may letter if they have become a starter and play 75% of the quarters, innings, matches, or score team points in individual competition in tournament play regardless of other lettering criteria.
- e. Complete the season in “good standing” (eligible and all obligations met) with the school and coach.
- f. Attend awards ceremony or notify the coach or athletic director in advance of unavoidable conflict.

3. Awards

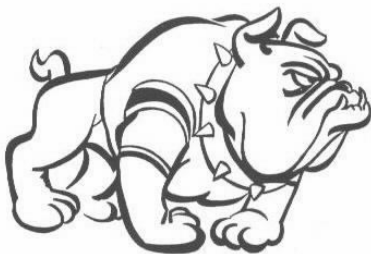
- a. Varsity awards
 - (1) 1st year award: Chenille award letter with insert signifying the sport for which the letter was earned.
 - (2) 2nd year award: Second-year medal.
 - (3) 3rd year award: Small plaque.
 - (4) 4th year award: Large sport plaque indicating the recipient as a four-year varsity letter winner.
- b. Junior varsity (reserve) awards
 - (1) 1st year award: Patch and certificate
 - (2) 2nd year award: Certificate
 - (3) 3rd year award: Certificate
- c. Freshman awards: Numerals and certificate
- d. Non-letter awards

All members of a varsity athletic squad who successfully complete an athletic season for a particular sport, but who have not earned a varsity letter, are to be awarded a varsity participation certificate. Athletes will receive only one Bulldog Patch no matter the number of sports participated in.
- e. Championship awards

All members of a varsity team that wins a league, district, regional, or state championship will receive a chenille emblem of that sport. Individuals who qualify for district, regional or state competition will receive a chenille emblem of that sport indicating their achievement.

4. Senior Scholar Athlete Scholarship Award

This award is presented each year at the Senior Awards Ceremony to the senior girl and senior boy who maintain a high scholastic average along with athletic excellence. Each recipient will receive a \$100 scholarship from the Heath Athletic Boosters.



HEATH CITY SCHOOLS

ATHLETIC POLICY AGREEMENT

Prior to participating in any practice or tryout sessions for any interscholastic sport, each athlete must:

1. Successfully pass a physical examination by a registered physician and the copy of such examination must be on file in the office of the athletic director. One current physical examination per year is sufficient for all sports during that school year.
2. Return to his/her coach the Athletic Responsibility Agreement Form properly signed.
3. Properly fill out and return to the coach the Emergency Medical Authorization Form.
4. Properly fill out and return to the coach the Drug Testing Informed Consent Agreement.

As a student-athlete participating voluntarily in interscholastic athletics, I understand that:

1. Participation in athletics is a privilege and for me to participate I must abide by the Heath City Schools student code of conduct, the Heath Athletic Policy Handbook, and the rules of the Ohio High School Athletic Association.
2. I will conduct myself in an exemplary social manner at all times.
3. I will be responsible for all athletic equipment issued to me throughout the season, will return such equipment at the conclusion of the season, and will pay the current replacement cost for any of the equipment not accounted for by me at the end of the season.
4. I will not use or be in possession of tobacco, alcohol, or narcotics. If I do use any of these substances, am in possession of such substances, or am suspended from school for use or possession of these substances, I will be subject to disciplinary actions as outlined in the Athletic Policy Handbook and/or the Random Urine Drug Testing Policy.
5. I acknowledge that I have been properly advised, cautioned, and warned by administrative and coaching personnel of the school district that I am exposing myself to the risk of injury, including but not limited to, the risk of sprains, fractures and ligament and/or cartilage damage which could result in a temporary or permanent, partial or complete impairment in the use of my limbs, brain damage, paralysis, or even death. Having been so cautioned and warned, it is still my desire to participate in sports and to do so with full knowledge and understanding of the risk of injury.
6. I, along with my parents/guardians, certify that I have read and understand all of the school district athletic policies in the athletic policy handbook. In order to be eligible for participation, I understand I must comply with all requirements listed.

Student Signature _____ Date _____

Parent Signature _____ Date _____

INSURANCE VERIFICATION FORM

**HEATH HIGH SCHOOL
300 LICKING VIEW DR.
HEATH, OH 43056
740-788-3300**

Dear Parent / Guardian,

Your son or daughter will be participating in interscholastic sports this year. It is important that we know whether he or she has adequate insurance coverage.

I cannot urge strongly enough that you check your insurance policy now to make sure you are covered, especially for football protection and emergency room visits. Occasionally we find too late that such is not the case.

Please take time to see that you have adequate insurance coverage for your son or daughter. If you do not, and it is past the October 1 deadline, please see your agent about obtaining sufficient coverage. Your son or daughter cannot participate until we have this information.

Sincerely,

Trevor Thomas
Athletic Director



I hereby verify that _____ has adequate insurance protection and therefore the Heath City School District will not be financially liable for injuries suffered during athletic related activities.

Date

Parent / Guardian Signature

**EMERGENCY MEDICAL AUTHORIZATION
HEATH CITY SCHOOL DISTRICT**

Residential Parent / Guardian

_____ Student Name

_____ Mother's Name

_____ Address

_____ Father's Name

_____ Telephone

_____ Other's Name

_____ School Attended

Name of Relative or Child-care Provider:

| | | | |
|------|---------|-------|--------------|
| Name | Address | Phone | Relationship |
|------|---------|-------|--------------|

Purpose – To enable parents to authorize emergency treatment for student who becomes ill or injured while under school authority, when parents / guardians cannot be reached.

Part I or Part II Must Be Completed

Part I – To Grant Consent

I hereby give consent for the following medical care providers and local hospitals to be called:

Doctor: _____ Phone: _____

Dentist: _____ Phone: _____

Medical Specialist: _____ Phone: _____

Local Hospital: _____ ER Phone: _____

In the event reasonable attempts to contact me have been unsuccessful, I hereby give my consent for (1) the administration of any treatment deemed necessary by above-mentioned doctor, or, in the event the designated preferred practitioner is not available, by another licensed physician or dentist; and (2) the transfer of the child to any hospital reasonably accessible.

This authorization does not cover major surgery unless medical opinions of two (2) other licensed physicians or dentists, concurring in the necessity for such surgery, are obtained prior to the performance of such surgery.

Facts concerning the child's medical history including allergies, medications being taken and any physical impairments to which a physician should be alerted:

_____ Date

_____ Parent / Guardian Signature

Part II – Refusal to Consent (Do not complete if you completed Part I)

I do not give my consent for emergency medical treatment of my child. In the event of illness or injury requiring medical treatment, I wish the school authorities to take the following action _____

_____ Date

_____ Parent / Guardian

_____ Address

_____ City

_____ Zip

CONSENT TO PERFORM URINALYSIS FOR DRUG TESTING

We hereby consent to allow the student named on the front of this form to undergo urinalysis testing for the presence of illicit drugs or banned substances in accordance with the **Policy and Procedure for Random Urine Drug Testing of Heath City School District Student Participating in Interscholastic Sports** as approved by the Heath City School Board.

We understand that the collection process will be overseen by a qualified vendor.

We understand that any urine samples will be sent only to a certified medical laboratory for actual testing, and that the samples will be coded to provide confidentiality.

We hereby give our consent to the medical vendor selected by the Heath City School Board, their laboratory, doctors, employees, or agents, together with any clinic, hospital, or laboratory designated by the selected medical vendor to perform urinalysis testing for the detection of illicit drugs or banned substances.

We further give permission to the medical vendor selected by the Heath City School Board, its doctors, employees, or agents, to release all results of these tests to the Medical Review Officer (MRO) working for the medical vendor.

We understand these results will be forwarded to the Building Principal and will also be made available to us. We understand that consent pursuant to this Informed Consent Agreement will be effective for all athletic sports in which this student athlete might participate during the current school year.

We hereby release the Heath City Schools Board of Education and its employees from any legal responsibility or liability for the release of such information and records.

This will be deemed a consent pursuant to the Family Educational Rights and Privacy Act of 1974, 20 U.S.C. 1232g as amended, and Ohio Revised Code 3319.321, for the release of the test results as authorized by this **Informed Consent Agreement** or as required by law.

READ ATHLETIC CODE OF CONDUCT AND EXPECTATIONS ON THE NEXT PAGE AND SIGN!

**HEATH CITY SCHOOLS
INFORMED CONSENT AGREEMENT**

Student Name _____ Grade _____
(Please Print)

AS A STUDENT:

- I understand and agree that participating in athletic activities is a privilege that may be withdrawn for violation of the **Athletic Code of Conduct and Expectations**, hereinafter **Code of Conduct**.
- I have read the **Code of Conduct** and thoroughly understand the consequences that I will face if I do not honor my commitment to the **Code of Conduct**.
- I understand and realize that there is risk of injury in participating in athletic activities.
- I understand that when I participate in any athletic program, I will be subject to initial and random urine drug testing, and if I refuse, I will not be allowed to practice or participate in any athletic activities. I have read the consent on the reverse of this form and agree to its terms.
- I understand this is binding while a student at Heath City Schools.

Student Signature Date _____

AS A PARENT/GUARDIAN/CUSTODIAN:

- I have read the **Code of Conduct** and understand the responsibility of my son/daughter/ward as a participant in athletic activities in the Heath City Schools.
- I pledge to promote healthy lifestyles for all student athletes of the Heath City Schools.
- I understand and realize that there is an assumed risk of injury involved for my son/daughter/ward as a participant in athletic activities.
- I understand that my son/daughter/ward, when participating in any athletic program, will be subjected to initial and random urine drug testing, and if they refuse, will not be allowed to practice or participate in any athletic activities. I have read the consent on the reverse of this form and agree to its terms.
- I understand this is binding while my son/daughter/ward is a student at Heath City Schools.

Parent/Guardian/Custodian Signature Date _____

Parent/Guardian/Custodian Name (Print) Home Phone Work Phone

Address